



LOVE IN ACTION MISSION  
*Sharing health, education, and wellness*

[www.loveinactionmission.org](http://www.loveinactionmission.org)  
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706-280-7862

**USA - Santiago de Chuco, Peru**  
Friday, July 21 – Friday, July 28, 2023

### CALENDAR OF EVENTS

#### Saturday, July 22, 2023:

All USA participants must arrive at Trujillo airport  
Look for the Love in Action Mission Logo or PAMS Logo

All participants must notify us of flight information, so we can pick them up from the airport.  
For those traveling from Atlanta, there is a non-stop Delta flight from Atlanta to Trujillo that leaves on Friday, July 21 with a connection in Lima, arriving at about 9 am on Saturday in Trujillo.  
Every participant needs to provide a copy of their flight itinerary. It is best to coordinate with Miriam Lemon prior to purchasing a flight.

09:30-Noon: The participants check in at the hotel in Trujillo to shower and freshen up  
12:00 Noon: Brunch at the hotel.  
01:00 PM: The group enjoys a day of tourism: A tour-guided excursion to some city attractions  
Chan Chan archeological site, Huaca de la Luna Huaca del sol archeological site.  
17:00 PM: The group stops for late lunch.  
18:00 PM: Return to the hotel  
20:00 PM: Welcome dinner. The group meets with the Peruvian participants.  
22:30 PM: Volunteers get a good night's sleep.

#### Sunday, July 23, 2023:

7:00 AM: Breakfast in the hotel and orientation

8:00 AM: The group boards the chartered bus for a 4-hour trip to Santiago de Chuco.  
12:00 PM: Arrive in Santiago de Chuco.  
12:30 PM: Check-in at the hotel, lunch and rest for a few hours

#### **Rest and adapt to high altitude**

3:00 PM: Team Coordinating meeting **Working Day 1**

The surgical team set up surgical room and starts evaluating patients for surgery

Medical volunteers and dentists organize for the next days of service

7:00 PM: Dinner and music entertainment welcomes the team

10:00 PM: Sweet dreams, a lot of services await us!!

Monday, July 24, 2023:

7:00 AM: Breakfast

8:00 AM 12 PM– Let the fun begging !!! **Working Day 2**

Doctors consultations

Dental procedures

Surgical Procedures

12 – 1 PM Lunch at the hospital (the surgical team lunch to be determined once surgeries are scheduled)

1:30-3:00 Doctors consultations and surgeries continue.

5:00 PM: Dinner (the surgical team dinner to be determined once surgeries are scheduled)

Evening: Private reception at “La Casa del Membrillo”

10 PM: Enjoy fireworks in the main square

11:00 PM, Sweet dreams rest after a very accomplished day of service

Tuesday, July 25, 2023:

7:00 AM Breakfast

8:00 A.M .Surgical procedures and medical consultations continue **Working day 3**

12:00 P.M. Lunch at the hospital

1:00 P.M - 3:00 P.M Surgical Procedures and medical consultations

10 PM: Enjoy fireworks in the main square (optional)

Recharge energy to continue with your Nobel work.

Wednesday, July 26, 2023:

7:00 AM: Breakfast

8 AM – 3 PM: Procedures and consultations **Working day 4**

Part of the group provides service in Santa Cruz de Chuca, small village (This is optional)

Part of the group remain providing medical care in Santiago de Chuco

6-7 PM: Dinner

Evening: Special Celebration at Dr. Calderon's house

10 PM: Enjoy fireworks in the main square. Optional

Rest after a busy day!!!

Thursday, July 27, 2023:

7:00 AM: Breakfast

8 AM – 12:30 PM: Some continue working in Santa Cruz de Chuca and others service in Santiago de Chuco.

2:30 PM: Return to Trujillo **Working day 5 half day**  
**Spend the night at a hotel in Trujillo**

Friday, July 28, 2023:

7:00 – 8:00 AM: Breakfast in the hotel

Optional Service at Cartavio city

9-12:30 P.M.

Lunch

Visit

La dama de caw museum  
returning to Trujillo

**Travel to Cusco or USA**

**P.A.M.S. (Peruvian American Medical Society):** [www.pams.org](http://www.pams.org)

(Please write on your check: Santiago de Chuco Medical Mission, July-2023) if you have an affiliation to PAMS

**Maria Sanders**, Secretary.

Tel: 1-505-259-2018,

Email: [Maria@pams.org](mailto:Maria@pams.org)

Mail your check to:

Maria Sanders, PAMS Secretary

3009 Toreador Dr. NE

Albuquerque, NM 87111

If your affiliation is with 501 c 3 organization Love in Action Mission

[www.loveinactionmission.org](http://www.loveinactionmission.org)

Please write your check payable to:

Love in Action Mission

1102 W. Waugh St.

Dalton, GA. 30720

**Mission Manager (Georgia, USA):**

Miriam Lemon: 1-706-280-7862

Email: [miriam@loveinactionmission.org](mailto:miriam@loveinactionmission.org)

All professionals (MD's, NP's, RN's) must send pertinent documents to secure temporary Peru medical licenses: application form & copies of passport, diploma, license and C.V.

Email these documents to Miriam Lemon as soon as possible.

All participants must have some sort of medical insurance coverage.

**Medical Director (Georgia, USA):**

Pablo E. Perez, MD, Dalton, GA  
Cell: 706-270-3451 (best if you leave a voicemail).  
WhatsApp: +517062703451  
E-mail: [serviceoflove@gmail.com](mailto:serviceoflove@gmail.com)

**Mission Coordinador (Florida, USA):**

Santiago Calderon, MD [santimd9@hotmail.com](mailto:santimd9@hotmail.com)  
Cell: 386-801-1191  
WhatsApp: +513868011191

**Mission Coordinators in Perú:**

Roxana Zavaleta (Trujillo): WhatsApp: +51933544106  
e-mail: [roxzaga80@hotmail.com](mailto:roxzaga80@hotmail.com)

Edita Aponte (in Santiago): WhatsApp: +5198194628

**SUPPORT AND PARTICIPANTS**

**Cataract and Ophthalmology Support, Trujillo, Peru:**

Clinica Luz y Vida, Trujillo Peru  
Dr. Artemio Burga  
WhatsApp: +51949375713  
Work: 01151044299669  
E-mail: [artemiobv@yahoo.com](mailto:artemiobv@yahoo.com)

**Dental School Support, Universidad Nacional de Trujillo, Peru:**

Dra. Silvia Portella Vajarano WhatsApp: +51943055066

**Hospital Director, Santiago de Chuco, Peru:**

Dra. Katia Bellina Valverde (She also speaks English)  
WhatsApp: +51947823921  
E-mail: [kabeval05@hotmail.com](mailto:kabeval05@hotmail.com)

**RECOMMENDED HOTELS info:**

LIMA:

IBIS HOTEL LARCO MIRAFLORES

Ave. Larco #1140, Miraflores, LIMA PERU  
Tel: **855-516-1090**

Hotel LIMAQ (it is located near the airport)  
**Address:** Jr. los Cóndores 112-116, Bellavista 15088, Peru  
**Phone:** +51146064446  
[www.hotellimaq.com](http://www.hotellimaq.com)

SUITES LARCO 656.  
**Address:** Av. Larco 656 -, Miraflores Lima 18, Peru  
**Phone:** 0115114468029  
E-mail: [reservas@suiteslarco565.com](mailto:reservas@suiteslarco565.com)

#### TRUJILLO:

Hotel Costa del Sol Trujillo Centro  
Plaza de Armas (Old Hotel de Turistas or Hotel Libertador)  
Jirón Independencia 485, Trujillo 15333, Peru  
Tel: +51 44 232741

**Paraiso Hotel Trujillo**  
Jirón San Martín 240, Trujillo 13001, Peru  
WhatsApp: +51 44 200073  
E-mail: [paraisotru@gmail.com](mailto:paraisotru@gmail.com)

#### RECOMMENDED TRAVEL AGENCY:

PRUSIA TOURS - Lima, Peru  
Lissette Caceres, agent  
WhatsApp: +51997169560  
E-mail: [reservas@prusiatours.com](mailto:reservas@prusiatours.com)

Tula Schmith, agent  
WhatsApp +51948059780  
Email: [info@prusiatours.com](mailto:info@prusiatours.com)

#### **ANSWERS TO FREQUENT QUESTIONS:**

Love in Action Mission and PAMS are joining efforts during this mission. Volunteers are joining from both non profit organizations.

Trips from USA to Trujillo, Peru or to Chiclayo, Peru and back are to be arranged in USA, at your own expense.

Your cost for medical mission is 500 dollars, **make checks payable to PAMS** (mail them to Maria Sanders, as stated above). If you bring children, expenses are per person. if your affiliation is to PAMS

PAMS will issue a receipt for such amount (that you can claim in your taxes, along with your airline costs; discuss this with your accountant)

Your 500 dollars will cover bus transport: Chiclayo to Trujillo to Santiago and back to Trujillo (and to Chiclayo) as well as hotel and basic meals in Trujillo and Santiago de Chuco.

If you chose to go to Cusco, additional transport, room & board are on your own.

If your affiliation is with Love in Action Mission then send your fees payable to:

Love in Action Mission 501c3 organization.  
1102 W. Waugh St. Dalton GA. 30720

Any Cusco excursion will be a separate trip and must be arranged on your own or directly with your favorite travel agency (or Prusia Tours).

It is recommended that you share a hotel room: a double-bed room is cheaper per person.

If you are alone, we will try to match you with a most compatible, same sex person in the group.

If you bring children, you are responsible for them.

Everybody gets short of breath in Santiago.

High altitude sickness may occur, it starts with some headache. That is when you stop any activity and sit down or lay down.

Coca leaves is a local remedy but keep in mind coca may linger in your hair shaft for several weeks. Think of it if your employer requires some drug testing.

Return transport from Trujillo to Lima is not included as some chose to take a bus, others by plane (usually already in your initial itinerary). The 10-hr bus ride Trujillo-Lima is very tiring and costs about 110 soles (30 dollars), Roxana. Tula or Lissette will assist.

**One dollar is about 3.78 soles** as of 3/25/2023

A valid USA passport is needed.

Non-USA nationals may need a VISA to visit Peru; please contact the nearest Peruvian consulate.

Check with CDC, Atlanta for any travel vaccinations advisory: to date, none are mandated.

You need to bring your Covid-19 vaccination card.

Nurses and doctors will need a temporary license: please send Miriam Lemon copies of your documents required (as above).

If you bring companions, costs are per person.

When paying for goods bought in local markets, ALWAYS tell the vendor the value of the bill you are handing. It has been reported that a vendor may claim you gave a bill of a lesser value when giving you your change.

Santiago de Chuco has very low crime, but we recommend going in groups of at least two when visiting the town.

Always drink bottled water (with a fiss at opening it) and eat well cooked meals. The ice cubes in your drink may not be clean, pasteurized.

If you care to bring small presents to give away to local people: vitamins, iron, calcium and any medicines, must be in a sealed container. You may also bring out-of-season clothing, crayons, coloring books, etc. Your church may be a source for these items.

Some people in the group will want to visit Cusco: it is the most touristic attraction in Peru. That part of your trip (if you take it) is at your own expense.

**Tula or Lissette at Prusia Travel** organize tour group-packages to make your visit less expensive. Please, contact them directly. Of course, you are free to organize your own tour.

You may leave the mission early; remember, it is your decision to help us.

Sometimes, the local City Hall issues a small document acknowledging your work, dedication and interest in helping the people in Santiago: In your correspondence, send us your name as you want it be printed.

The best way to communicate with the USA and within Peru is by WhatsUpp. Wi-Fi is usually available in stores, restaurants, our headquarters, etc.

**MOST IMPORTANT:** The town is poor, the dwellers are poor, the local hospital is poor. There may not even be gloves or running water when examining our patients. We must make ends meet with whatever we can. Such is the glory in our mission.